

Transitional Support

Free Parent Information Sessions

Dates	Topic	Booking Link
Monday Evenings 5.30pm – 6.30pm 30 Oct 2017 13 Nov 2017	Too Anxious for School Unfortunately, school refusal is a very distressing condition that is known to impact many children and young people. It is often noticeable in the early years as young as five years old. If left unaddressed, the problem can escalate and lead to long-term increased school absenteeism. School Avoidance, Refusal Vs Truancy Presentation allows you to learn what School refusal is, how it differs from truancy and the main reasons why it occurs.	Booking Link Direct Booking Link

Dates	Topic	Booking Link
Monday Evenings 5.30pm – 6.30pm 13 Nov 2017 19 Feb 2018	Helping Your Child Who is Feeling Helpless Realising that your child is self-harming and or feeling suicidal can come as a shock and can be very distressing as a parent. Trying to understand why would they want to hurt themselves can be very difficult. It can help to start with learning what self-harm is and the common reasons for it. Then, you can consider practical first steps and understand what you can do to support your child or another young person who is self-harming and or suicidal.	Booking Link Direct Booking Link


Family Support Complimentary Consultation

Days	Topic	Booking Link
Tuesday & Wednesday	Family Support Counselling Consultation Family Support Free Counselling Consultation this can be booked as a face to face appointment, over the telephone or utilising Skype. These appointments are limited and only book early to avoid disappointment.	Booking Link Direct Booking Link

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Support Strategies during Transitional Challenges | Complex Case Management | High Risk Behaviours |
 Mental Health & Wellbeing Education - Nutrition Sleep Exercise | Fight Flight Freeze - Anger Anxiety Panic - Life Skills | LGBTQIA Services |
 ASD Social Skilling & Organisation | School Engagement & Attendance | Parenting Strategies | Grief & Loss | Trauma | Sand Play Therapy |
 EMDR Therapy | Career Pathways & Development | Industry Professional Development | Clinical Professional Supervision



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School Personnel & Allied Health Professionals Presentations

Dates	Topic	Booking Link
Monday Afternoon 4pm - 5pm 16 Oct 2017 19 Mar 2018	Understanding & Preventing Burnout, Secondary Trauma and Self- Care Learn the difference between burnout and secondary trauma, how to recognise the different signs, symptoms and triggers, as well as the importance of self-awareness, self-care and self-management in preventing and managing burnout. <i>Full Day Workshop Options Available:</i> Dates: 13 October 2017, 7 November 2017, 19 February 2018 For Online Bookings and Further Information Click Here	Direct Booking Link Workshop Bookings
Dates	Topic	Booking Link
Monday Afternoon 4pm - 5pm 30 Oct 2017 27 Nov 2017	Too Anxious for School School Avoidance, Refusal Vs Truancy Presentation Learn what School refusal is, how it differs from truancy and the main reasons why it occurs. <i>Full Day Workshop Options Available:</i> Dates: 1 December 2017, 15 February 2018 For Online Bookings and Further Information Click Here	Direct Booking Link Workshop Bookings
Dates	Topic	Booking Link
Monday Afternoon 4pm - 5pm 13 Nov 2017 19 Feb 2018	High Risk Behaviours & Complex Case Management – In a School Setting High-Risk Case Behaviours and Working with suicide ideation plans vs. thoughts and practitioner self-care. <i>Full Day Workshop Options Available:</i> Dates: 16 October 2017, 15 February 2018 For Online Bookings and Further Information Click Here	Direct Booking Link Workshop Bookings

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Professional Clinical Supervision and Debriefing

Dates	Topic	Bookings
Group Supervision Wednesday 4.30pm - 6pm other times negotiable	Professional Clinical Supervision and Debriefing <ul style="list-style-type: none"> • Group Supervision • Individual Supervision <p>Professional Supervision is a reflective practice that allows individuals to debrief with a qualified supervisor in a self-reflective process that focuses on theories in practice, ethical issues, self-care and enhances professional growth. Supervision is a process of ensuring best practice and quality service. Supervision is vital for people working in helping professions for self-care and to reduce the impact of burnout and compassion fatigue.</p>	<u>Group Bookings</u> <u>Individual Supervision</u>
Individual Supervision by appointment	Ideal for School Personnel in Support Positions including Principals, Deputies, Guidance Officers , HODs, Deans, Teachers, Career Practitioners, Social Workers, Student Counsellors, Youth Workers, Ministers, Chaplains, any other person who believes it would be advantageous;	Further Information <u>Click Here</u>

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